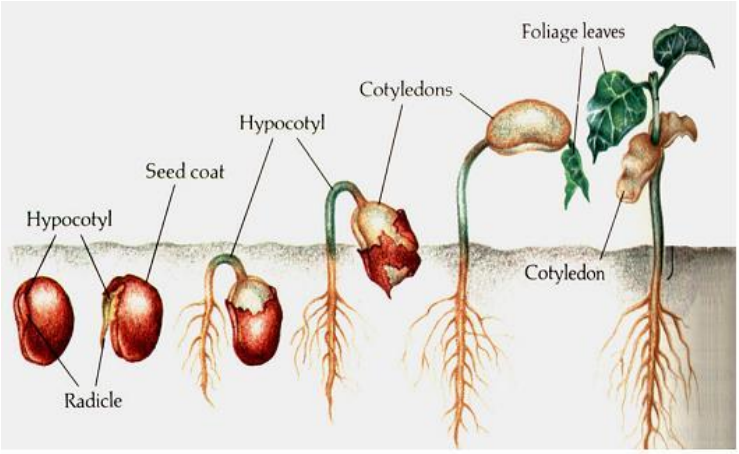
At-Home Seed Starting Lesson



Materials:

- Seeds
- Small container to start seeds (I used an egg carton)
- Soil
- Fertilizer or compost if you have it
- Water

You can use seeds that you have laying around or you can collect seeds from the produce in your fridge! You can, for example, use the scraps of a bell pepper or seeds from a berry. You can collect the seeds, let them dry for a few days and then use them to plant!

I don't know if you remember, but we had some mini sweet peppers in our garden and I saved a few so I could re-use their seeds!

Its best to start things like peppers inside this time of year because it's a little too cold for them to grow. Once they are bigger you can transplant them to pots outside or even the ground.

1. Collect your materials
2. Put dirt in egg carton or other container you may be using (an egg carton tends to dry the soil out, so you need to water them frequently if you use that)
3. Make sure soil is damp
4. Poke a very small (1/2 inch – ½ centimeter depending on what you're planting in) hole with your finger or with another small, skinny object
5. Place the seed(s) inside the hole (you can put anywhere from 1-3 in each hole) and cover with dirt
6. Put in a sunny, warm place and water regularly!
7. Once your seed sprouts and is at least 1 ½ inches tall you can put it into a larger container (this larger container should either have a hole in the bottom or pebbles/rocks in the bottom in order to make sure that water doesn't sit at the bottom and make the roots of your plant moldy or rotten) with dirt, and then if it gets to be about 5-10 inches tall you can plant it in the ground!

Email Ms. Sadie with any questions! sadieh@bgcfc.org